

Ophthalmology – referral information for GPs, Optometrists and Opticians

Adults

For all enquiries, please call 01438 288273, Monday – Friday, 9am – 4.30pm

For Urgent Eye Clinic office at Lister Hospital, please call: 01438 288266,
Monday – Friday: 8am – 8pm; Saturday: 8am – 2pm

Urgent Eye Clinic, Lister Hospital, patient attendance:

Monday to Friday 08.30 – 19.00

Saturday 08.30 – 12.30

Children

For all paediatric (children) enquiries, please call 01438 288284

East and North Hertfordshire NHS Trust now runs a **fully integrated adult and paediatric** ophthalmology service, in state-of-the-art equipped theatre and clinic space. We offer a range of general and specialist clinics, including:

- Urgent Eye Clinic at Lister Hospital
- Day case ophthalmology surgery at the Lister, with inpatient stays only where clinically appropriate
- Surgical and medical outpatient services at the Lister, New QEII and Hertford County hospitals
- Diabetic retinopathy screening at all sites and satellite clinics

Our specialist clinics include:

- Fast track cataract clinics
- Medical Retina Clinics
- Rapid Age Related Macular Degeneration Clinic
- Intravitreal Therapy Service for age related macular degeneration (AMD); diabetic macular oedema (DMO); and retinal vein occlusion (RVO)
- Paediatric Clinics
- Orthoptic Clinics
- Optometry, Contact Lens & Low Visual Aid Clinics
- Vitreoretinal Surgery Clinics
- Digital Imaging Services including Optical Coherence Tomography, anterior and posterior segment photography, Fluorescein and Indocyanine Green angiography
- Rapid access clinics

We aim to see patients for their **first appointment** within **6-8 weeks** of referral.

Paediatric Patient Pathway

Our paediatric patient pathway (see flow chart in Appendix 1) means that all referrals are received centrally and assessed for the most appropriate first appointment clinic (either community orthoptic or consultant-led hospital). Easy onward referral between clinics is also facilitated by the new pathway. This removes the need for GPs to re-refer and means that patients will experience a more streamlined pathway.

Our consultants are:

- Mr Michael Toma, with special interest in Medical Retina and Clinical Director
- Mr Anil Singh, with special interest in Vitreoretinal Surgery
- Mr Stephen Campbell, with special interest in Glaucoma and Paediatric Ophthalmology
- Miss Fariha Shafi, with special interest in Oculoplastic surgery and clinical tutor Ophthalmology
- Mr Mohammed Khan, locum consultant, general ophthalmology

Our consultants are supported by a range of specialists including orthoptists, optometrists, and our contact lens specialist. We also have a number of GP specialist trainees.

Urgent Eye Clinic, Lister Hospital, patient appointments

The Urgent Eye Clinic runs from the Lister Hospital as detailed below:

Urgent eye clinic:	Monday to Friday	08.30 – 19.00
	Saturday	08.30 – 12.30

For Urgent Eye Clinic at Lister Hospital, please call: **01438 288273 or 01438 288266.**

All referrals for **urgent care clinics** should be made directly by GPs or Optometrists within opening hours and *must be* accompanied by a referral letter. Patients should present at the Treatment Centre, where they will be directed to the Urgent Eye Clinic. Eye conditions that require an **urgent** specialist opinion **outside normal working hours** should be sent directly to **tertiary centres**, such as Moorfields. More minor problems can be assessed in the emergency department and an eye clinic appointment may be made for the appropriate day.

Patients without a referral can present at Lister Hospital Emergency Department, where they will be triaged and directed to the most appropriate setting for treatment.

Referrals

All referrals for ophthalmic medical or surgical consultation should be made:

- Directly via eRS for non-pre-approval procedures

Prior Approval

GPs should be aware that prior approval processes are in place within East and North Hertfordshire CCG and Bedfordshire CCG for cataracts.

Adult and Paediatric ophthalmology outpatients

Adult and paediatric ophthalmology outpatient appointments are available during the following hours:

LISTER

Monday – Friday 08.45 – 16.45

NEW QEII

Monday – Thursday 08.45 – 16.45

HERTFORD COUNTY HOSPITAL

Wednesday – Thursday 08.45 – 12.00

Discharge

GPs will receive a discharge summary for their patient by email or letter. Patients will also receive a letter together with their discharge medication for up to 14 days for outpatient and surgical patients, 2 days for urgent eye patients where clinically indicated.

The Trust is responsible for all follow-up requirements after ophthalmology surgery.

Retinal Screening & Referrals

Retinal screening is offered at Lister Hospital, Stevenage; QEII, Welwyn Garden City; Hertford County Hospital and also satellite clinics at: Herts and Essex Hospital, Bishops Stortford; Royston Community Hospital; Cheshunt Community Hospital; Park Drive Health Centre, Baldock; and Portmill Surgery, Hitchin.

To access the Trust's diabetic eye screening service, patients must be registered with a GP within the East and North Hertfordshire area.

Referrals should be sent via email: Despadmin.enh-tr@nhs.net

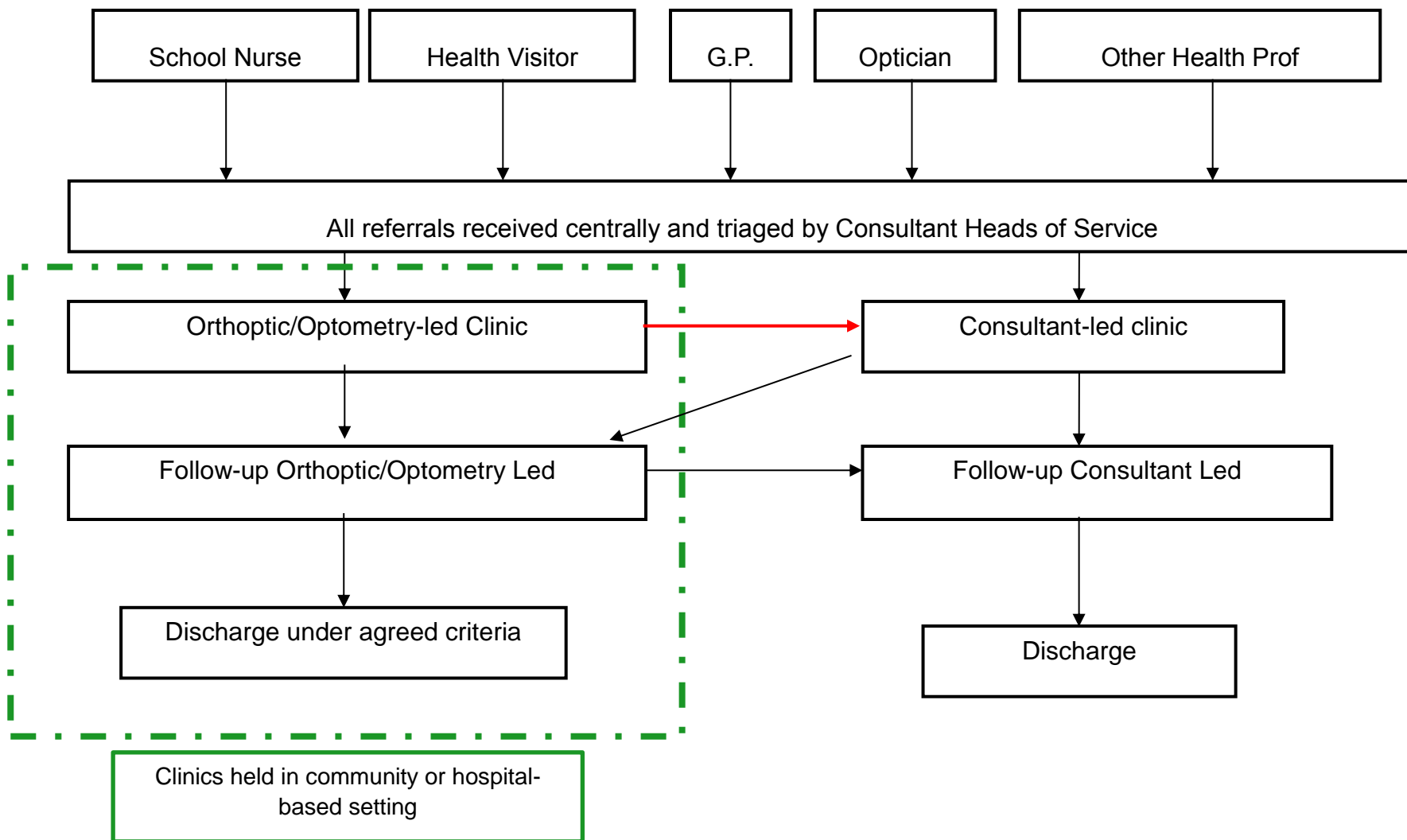
For advice and guidance on the diabetic eye screening service you can email: despadmin.enh-tr@nhs.net



East and North Hertfordshire

NHS Trust

Appendix 1: Restructured Paediatric Patient Pathway



Appendix 2: East and North Hertfordshire NHS Trust Ophthalmology services

Site	Surgery	Outpatient Services	Retinal Screening for >12 years old	Urgent Eye Clinic
Lister, Stevenage	Daycase Minor Operation	<ul style="list-style-type: none"> • New referrals • Follow-up appointments • Pre-operative assessment clinics • Laser • Orthoptist clinics • Low visual aid services • Intravitreal Therapy Service for age related macular degeneration (AMD); diabetic macular oedema (DMO); and retinal vein occlusion (RVO) • Vitreoretinal Surgery Clinics • Digital Imaging Services including Optical Coherence Tomography, anterior and posterior segment photography, Fluorescein and Indocyanine Green angiography • Ultrasound (B-scan) 	<p>Retinal screening for 17 years old and over</p> <p>Retinal screening for 12 years and over</p>	<p>Yes – adults & children</p> <p>Mon – Fri 09.00 – 19.30</p> <p>Sat 09.00 – 12.30</p>
QEII, Welwyn Garden City	No surgery	<ul style="list-style-type: none"> • New referrals • Follow-up appointments • Orthoptist clinics • Optometry clinics • Low visual aid services • Contact lens clinics • Laser • Digital imaging Services including Optical Coherence Tomography, anterior and posterior segment photography 	Retinal screening 12 years and over	No urgent eye clinic
Hertford County Hospital	No surgery	<ul style="list-style-type: none"> • New referrals • Follow-up appointments • Orthoptist clinics • Pre-operative assessment clinics 	Retinal screening 12 years and over	No urgent eye clinic

Herts and Essex Hospital, Bishops Stortford	No surgery	No clinics	Retinal screening 12 years and over	No urgent eye clinic
Royston Community Hospital	No surgery	No clinics	Retinal screening 12 years and over	No urgent eye clinic
Cheshunt Community Hospital	No surgery	No clinics	Retinal screening 12 years and over	No urgent eye clinic
Portmill Surgery (Hitchin) – not suitable for disabled patients	No surgery	No clinics	Retinal screening 12 years and over	No urgent eye clinic
Park Drive Health Centre, Baldock	No surgery	Paediatric Allied Health Professional-led clinics	Retinal screening 12 years and over	No urgent eye clinic
Bedford Road Clinic, Hitchin	No surgery	Paediatric Allied Health Professional-led clinics	No screening service	No urgent eye clinic
Queensway Health Centre, Hatfield	No surgery	Paediatric Allied Health Professional-led clinics	No screening service	No urgent eye clinic
Bowling Road Health Centre, Ware	No surgery	Paediatric Allied Health Professional-led clinics	No screening service	No urgent eye clinic